

Week 6

Do you know?

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Ephesians 1:18-20

I use to love getting on the scale prior to my freshmen year in college. But after the “freshman 15,” my delight in scales began to fade. To be quite frank, after marriage and kids, I rather not step on the scale. Yet, I came to a juncture where being a good steward of my temple (1 Cor 6:19) meant loosing weight. While that seemed a task in itself, the truth of the matter was, I needed to step on the scale to be able to know my starting point. I needed the numbers on the scale to enlighten my eyes so that I may know how to plan to achieve my physique goals. I no longer could use my feelings to inform my weight. Reluctantly, I stepped on the scale. The numbers on the scale not only enlightened me, but they gave me the ability to put things in place to change the trajectory of my weight.

It’s no coincidence that scripture is full of comparisons between our spiritual life and our physical body. In verse 18, Paul tells the Ephesians that he prays for their eyes to be enlightened in order for them to know the hope of God’s calling. Jesus says in John 6:44 that no man comes to Him unless the Father draws them or leads them to Him. In essence, our spiritual eyes must be opened through Christ and the power of the Holy Spirit for us to fully know the riches we have in Christ. However, unlike my scale that fluctuates depending on my weight, God’s Word is unwavering. There is an exceeding greatness of God’s power towards us who believe because of Christ’s birth, death, and resurrection. It’s only in Him that we live, move and have our being (Acts 17:28). May you access that same power that raise Christ from the dead this week as He opens your eyes of understanding and enlightens your knowledge of Him.

**QUESTION:** In what area(s) of your life do you need Jesus to enlighten you?

**WALK IT OUT:** According to verse 18, as a saint, you have an inheritance, the seal of the Holy Spirit. As you go about your week, ask the Holy Spirit to reveal to you who you can show the Hope of God’s calling on your life.

**PRAYER:** Lord, I confess that looking at myself through the lenses of your Word doesn’t always feel good because it points out that I am a sinner. Yet I am thankful the story doesn’t end there. Thank you for the inheritances I have in Christ. Enlighten my eye that I may know and understand the riches of your glory. Help me to work out my salvation according to the working of your mighty power. In Jesus name, Amen.